

UNV-508
2 Total Credits

Introduction to Graduate Studies in Counseling

[Hide Course Description](#)

Course Description

This course is designed as an orientation for the graduate learning experience at Grand Canyon University. Students have opportunities to develop and strengthen the skills necessary to succeed as graduate students in counseling. Emphasis is placed on utilizing the tools for graduate success.

CNL-505
3 Total Credits

Professional Counseling, Ethical, and Legal Considerations

[Hide Course Description](#)

Course Description

This course provides a broad understanding of counseling ethics, legal standards, and responsibilities, including professional identity, report writing, record keeping, and service reimbursement for clinical mental health and school counselors. Additionally, the history of and current trends in counseling are addressed. Important goals of this course are to help students develop a strong personal and professional ethic, as well as an appreciation of the value of professional collaboration and identity.

CNL-500
3 Total Credits

Theories and Models of Counseling

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Course Description

This course provides a comprehensive survey of the major counseling theories and principles. Coursework includes the following theories: psychoanalytic, Adlerian, existential psychotherapy, behavioral, cognitive behavioral, person-centered, reality therapy/choice theory, and rational emotive behavioral therapy (REBT).

CNL-501
3 Total Credits

Substance Use Disorders and Addictions

[Hide Course Description](#)

Course Description

This course provides a broad understanding of the stages, processes, and effects of substance use disorders, biological, social, and psychological dynamics of substance use disorders, and the professional's role in prevention, intervention, and aftercare, including recovery and relapse prevention. This course explores theories and models of treatment of addiction disorders to include understanding different types of addiction disorders, effective skills, drug classification, and assessment. It also continues building foundational knowledge, utilization of professional resources, and exploration of standards to help students prepare for licensure/certification within the counseling industry.

CNL-515

3 Total Credits

Counseling Skills

[Hide Course Description](#)

Course Description

This course provides a broad understanding of counseling processes, including characteristics and behaviors that influence the helping processes. Included are age, gender, ethnic differences, verbal and nonverbal behaviors, personal characteristics, and orientations. The development of counseling techniques is emphasized, including establishing and maintaining the counseling relationship; diagnosing and identifying the problem; formulating a preventative, treatment, or rehabilitative plan; facilitating appropriate interventions; and successfully terminating the counseling relationship.

CNL-509

3 Total Credits

Counseling the Culturally Diverse

[Hide Course Description](#)

Course Description

This course provides a broad understanding of issues and trends in a multicultural and diverse society. Studies in this area include the following: attitudes and behaviors based on such factors as age, race, religious preference, physical disability, sexual orientation, ethnicity and culture, family patterns, gender, socioeconomic status and intellectual ability; individual, family, group, and community strategies for working with diverse populations; theories of multicultural counseling and identity development; multicultural competencies; and issues such as substance

use disorders. Students examine a variety of cultural populations, exploring issues and trends that are associated with each population. Cultural considerations for immigrants, refugees, and undocumented citizens are also addressed.

CNL-520
3 Total Credits

Group Counseling

[Hide Course Description](#)

Course Description

This course provides a broad understanding of group development, group dynamics, group counseling theories, and ethical standards with reference to professional and substance use disorders counseling. The course addresses group process components, appropriate selection criteria, developmental stage theories, group members' roles and behaviors; and group leadership styles and approaches. The course includes didactic and experiential group learning. Required synchronous group experience: 12 hours. Prerequisite: CNL-515.

CNL-527
3 Total Credits

Principles of Psychopharmacology

[Hide Course Description](#)

Course Description

This course introduces students to the basic principles of psychopharmacology and the effects of psychoactive substances. Students examine the behavioral, psychological, physiological and social effects of psychoactive substance use, and learn to recognize symptoms of intoxication, withdrawal, and toxicity. The class covers various screening options, limitations, legal implications, and the utilization of pharmacotherapy as part of substance addiction treatment.

CNL-530
3 Total Credits

Human Sexuality and Issues of Aging

[Hide Course Description](#)

Course Description

This course is divided into two distinct and separate sections. The first part of the course examines human sexuality and systems of sexual therapy. Psychological, biological, social, and moral perspectives on sexual development and functioning are also examined. The last part of the course provides an understanding of the nature of aging and older adults. Theories and

strategies for facilitating optimum care of older adults are addressed. Elder abuse, dependent adult abuse, and neglect of the aging and older adults are explored. Sexuality, mental health, physical health, the role of substance use disorders, and family issues are also addressed.

CNL-518
3 Total Credits

Lifespan and Development

[Hide Course Description](#)

Course Description

This course provides an understanding of the nature, needs, and differing abilities of individuals at all developmental levels. Theories of individual and family development, transitions across the life span, theories of learning, theories of personality development, and ethical and cultural strategies for facilitating optimum development over the life span are addressed.

CNL-521
3 Total Credits

Counseling Couples and Families

[Hide Course Description](#)

Course Description

This course provides a broad understanding of the structure and dynamics of couples and families, which includes theory, assessment, and application of couples and family intervention and counseling.

CNL-545
3 Total Credits

Abuse, Crisis, and Trauma Counseling

[Hide Course Description](#)

Course Description

This eight-topic course is divided into three distinct and separate sections. The first three topics examine crisis intervention and trauma counseling; Theories and strategies of trauma counseling and facilitating crisis interventions are also addressed. The second three topics examine spousal or partner abuse assessment, detection, and intervention strategies. The legal and ethical issues, the role of substance use disorders, and children in families where domestic violence and abuse occur are also addressed. The last two topics examine child abuse assessment and reporting. Legal and ethical issues and specific California child abuse assessment and reporting codes are also examined.

CNL-523
3 Total Credits

Assessment, Tests, and Measurements

[Hide Course Description](#)

Course Description

This course provides an introduction to basic tests and appraisal in counseling. Individual and group approaches to testing, assessment, evaluation, behavioral observations, computer-managed and computer-assisted methods are addressed. The following statistical concepts are also addressed: scales of measurement, measures of central tendency, indices of variability, shapes and types of distributions, correlations, reliability, and validity.

CNL-525
3 Total Credits

Career Counseling

[Hide Course Description](#)

Course Description

This course provides a broad understanding of career development and related life factors including psychotherapy, career counseling techniques and processes, career development theories, decision-making models, issues of diversity, and interrelationships between work and family.

CNL-540
3 Total Credits

Research Methods and Program Evaluation

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Course Description

This course introduces research methods and basic statistical analysis, including the following: the importance of research, opportunities for research, and difficulties in conducting research. Research methods such as qualitative, quantitative, single-case designs, action research, and outcome-based research are addressed.

CNL-610
3 Total Credits

Clinical Assessment, Diagnosis, and Treatment

[Hide Course Description](#)

Course Description

This course provides a conceptual framework for the use of assessment and diagnostic tools for the development of appropriate treatment interventions for a variety of behavioral health and substance use disorders. Included is an introduction to the use of the diagnostic tools, including the DSM, and the integration of diagnostic and assessment information, in the development of treatment plans.

CNL-605
3 Total Credits

Psychopathology

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Course Description

This course introduces the study of mental illnesses and the science of psychopathology. The goal is to provide counseling students a conceptual understanding of psychological and behavioral dysfunction that occurs in mental illnesses. The course includes a survey of major psychiatric disorders and their causes. Prerequisite: CNL-610.

CNL-644
2 Total Credits

Assessment of Mental and Emotional Health Status

[Hide Course Description](#)

Course Description

Students in this course are introduced to a variety of testing instruments used to determine a client's emotional or mental status. Assessment procedures are explored within the context of diagnosis and treatment planning. This course focuses on the administration and interpretation of individual and group standardized tests of mental ability, personality, and measurement.

CNL-624
2 Total Credits

Counseling Practicum

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Course Description

The practicum course is a distinctly defined, supervised clinical fieldwork experience in which the student develops basic counseling skills and integrates professional knowledge under the supervision of a faculty member or an on-site clinical site supervisor approved by the college or university with a minimum of 1 hour per week of individualized and/or triadic supervision throughout the practicum. Practicum students participate in an average of 1 ½ hours per week

of group supervision via Zoom with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the practicum. Documentation of a minimum requirement of 100 hours of counseling-related activities, which includes 40 direct client contact hours, is submitted electronically for verification and tracking. The practicum is completed prior to the internship; therefore, students may not progress to CNL-664A without the required amount of hours submitted, the required amount of individual and group supervision, and proper approval. This course has multiple synchronous required activities. Students must be prepared to be flexible in meeting the demands of this course in order to progress to the internship. Practicum/field experience hours: 100. State licensure requirements may mandate additional hours. Students must review and adhere to their state board's additional requirements. Prerequisites: Completion of all didactic coursework in the program; a GPA of 3.0 or better; and maintenance of student professional liability insurance in the amount of \$1 million, \$3 million.

CNL-664A
4 Total Credits

Counseling Internship I

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Course Description

The internship course is a distinctly defined, supervised clinical experience in which the student refines and enhances basic counseling and student development of knowledge and skills, and integrates and authenticates professional knowledge and skills related to program objectives. The internship is performed under the supervision of an on-site clinical site supervisor approved by the college or university with an average of 1 hour per week of individualized and/or triadic supervision throughout the internship. Internship students participate in a minimum of 1 ½ hours per week of group supervision via Zoom with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the internship. Documentation of 300 hours of counseling-related activities, which includes a required minimum of 120 direct client contact hours, is submitted electronically for verification and tracking. Internship hours: A minimum of 300 total hours of which 120 is total direct hours. Students must successfully complete CNL-624 before progressing to the internship. This course has multiple synchronous required activities. Students must be prepared to be flexible in meeting the demands of this course in order to meet the internship

requirements. Practicum/field experience hours: 300. State licensure requirements may mandate additional hours. Students must review and adhere to their state board's additional requirements. Prerequisites: CNL-624; a GPA of 3.0 or better; maintenance of student professional liability insurance in the amount of \$1 million, \$3 million; and college approval.

CNL-664B
4 Total Credits

Counseling Internship II

[Hide Course Description](#)

Course Description

The internship course is a distinctly defined, supervised clinical experience in which the student refines and enhances basic counseling and student development of knowledge and skills, and integrates and authenticates professional knowledge and skills related to program objectives. The internship is performed under the supervision of an on-site clinical site supervisor approved by the college or university with an average of 1 hour per week of individualized and/or triadic supervision throughout the internship. Internship students participate in a minimum of 1 ½ hours per week of group supervision via Zoom with a counseling faculty member or student supervisor who is under the supervision of a counselor education program faculty member on a regular schedule throughout the internship. Documentation of 300 hours of counseling-related activities, which includes a required minimum of 120 direct client contact hours, is submitted electronically for verification and tracking. This course has multiple synchronous required activities. Students must be prepared to be flexible in meeting the demands of this course in order to meet the internship requirements. Practicum/field experience hours: 300. State licensure requirements may mandate additional hours. Students must review and adhere to their state board's additional requirements. Prerequisites: CNL-624 and CNL-664A; a GPA o

